



## Little Academy Nursery Settling In



Little Academy Nursery aims to ensure your child's introduction to our nursery is as stress free as possible. If your child is not used to being away from you, you can expect him/her to need a little time to settle into the nursery. All children react differently when in a new environment, in some cases, children may appear to settle easily but after a couple of days become tearful and reluctant to leave their parents. Each child will progress to independence in their own time.

It is important that staff build friendly and productive relationships with both the child and parents, and our procedures are designed to support this. It is our aim to work closely with parents to make the transition from home to nursery as smooth as possible, allowing your child as much time as they need to settle. The class teacher will contact you and arrange for a virtual meeting with you and your child so you get to meet her before the starting date.

- ★ This year, aiming to keep the nursery a safe environment for our children as much as possible, parents, nannies, or relatives are strictly not allowed to go inside the classroom. You will have to drop off your child at door.
- ★ It is recommended that your child stays for no more than two hours on her/his first day. We also recommend that you stay close in case your child was inconsolable and he/she needed to be picked up sooner.
- ★ We recommend that you gradually build up the time your child spends at the nursery (possibly adding an hour daily) and allow the first two weeks to be a settling in period.
- ★ Our staff will be calling you to comfort you and to inform you about your child's situation throughout the day, and we promise to call you should we feel that your child needs to be picked up sooner.
- ★ We encourage parents to send their child with a favorite book or toy from home during this adjustment period, as this reminder of home will be comforting for the child.

Little Academy staff are extremely experienced in helping children to settle in so please feel free to ask us for advice if you are unsure.

Please note that it is imperative that you are open and honest with your child. Talk to your child about the nursery and always stress and repeat that mommy will always be back to pick you up. Please always wave goodbye to your child even if he or she is crying. This will allow your child to trust you and us and will help him/her settle in faster. Our teachers will always give honest feedback on the settling process and will inform you if the settling in phase needs to be altered in any way.

Little Academy Nursery appreciates that this can also be a stressful and upsetting time for parents. However, parents are welcome to call any time to check on their children, especially during the settling in period.

Thank you  
Little Academy Nursery